

# Simple Solutions: The Best Apps for New Parents

Parenting has changed significantly throughout history due to advances in technology. There are more tools available today than ever before to help you manage the exciting and stress-filled days that are bound to accompany your newest bundle of joy. While many apps claim to be a one-stop-shop for parenting peace of mind, let's face it: When you're juggling bottles, diapers, and a tiny human being, you need simple tools that are the best at what they do.

But before you start downloading apps to make your life as a parent easier, you should make sure your device is protected.

With that in mind, then, [Child's Hope](#) presents this look at the best apps for new parents.

## Cloud Baby Monitor

It's no secret that the scariest part of having a newborn is the time when you aren't with them. Fortunately, however, you can now put your fears at ease with the [Cloud Baby Monitor](#) app. While there are a host of dedicated [baby monitor devices](#) available, it's hard to beat the convenience of one that operates on devices you already have.

The Cloud Baby Monitor has an intuitive interface with the ability to receive notifications directly to your device whenever there is noise or motion on the other side. You can also control the music and brightness in the nursery, no matter where you may be.

## Eat Sleep

While parenthood can be one of the most exciting and fulfilling times of life, we know it brings [plenty of stressors](#) as well. Add in a lack of sleep and an entirely new set of concerns, and you may hardly remember your own name at times — let alone when your newborn was last fed, or how long yesterday's nap was.

[Eat Sleep](#) is one of the simplest, most intuitive apps on the market for keeping track of all the important routines from nursing to naps to diaper changes. You can view trends over weeks and months to better notice changes and keep tabs on any potential health concerns. For those who have another on the way, the app even allows you to track multiple children and makes switching between them easy.

## Cozi Family Organizer

Baby's feedings and naps aren't the only things you'll need to keep track of — and with all the adorable distractions your newest family member will bring, you'll want whatever help you can get in keeping the rest of your family's life running smoothly. This is where an app like the [Cozi Family Organizer](#) shines.

This best-selling app allows you to share schedules, to-do lists, and grocery lists [across everyone's devices](#), making it easy for the entire family to be on the same page. While it's certain to be a lifesaver for you and your spouse when you find yourselves parents for the first time, we bet you'll continue to find it useful as Baby grows up.

### **The Wonder Weeks Milestone Memories**

As a parent, managing logistics — from monitoring to feedings to schedules — is vital, but you don't want to lose sight of the beauty of these early months, either. To that end, check out an app like the Wonder Weeks [Milestone Memories](#), based on the renowned book [The Wonder Weeks](#).

Milestone Memories displays all the physical and mental developments from your baby's first 20 months of life in a timeline. Like the original book, the app also gives insight on newborn behavior and helps you understand what sort of changes are happening in Baby's mind and body during this time.

### **PlantSnap**

This app is more for the parents who love to go outside. If you miss heading out into the great outdoors to go exploring, there are ways that you can do so without leaving the comfort of your own home. [PlantSnap](#), for example, lets you head out into your backyard (or front yard!) to identify the plants and trees that are all around you. Although this won't replace the nature trails and hikes you did before your new baby arrives, it will allow you to remain connected with the wonders of nature.

### **Don't Forget the Case!**

Accidents and messes are an inevitable part of life, especially when a newborn is around. With the ability to manage all of the above functions directly from your phone, protecting your device becomes even more important. Thanks to today's waterproof cases, such as those by LifeProof, you don't have to sacrifice touch screen usability or your camera to keep your phone secure. Some cases are even dirtproof, so you can handle just about any mess stress-free. There are several options to protect your device. Make sure you look around before [selecting the right one](#) for you.

Parenting can be downright stressful, but thanks to technology, some of the load on your shoulders can be lightened. The key is to download apps that only focus on what you need, and do away with apps that try to do everything. This makes the apps easier to use, and it saves you a great deal of time that can be better spent focusing on your family.